

**2026 IEHA Conference
June 15,16,17,
Seasons Conference Center
Nashville, In. 47448**

It's that time!!!! Time to choose your sessions for Conference. Here is a short synopsis of each session.

Monday 2pm-3pm

The Bra Lady- "Solving Your Brablems with Confidence and Support."
Lindsay Brubaker works a lot with the group "Support the Girls" and will be collecting gently used bras for her outreach. She will also be available for custom measuring and fittings.

"How Stress Affects Health"- Will be presented by Susan Peterson.

"Welcoming Your New Member"- sponsored by Membership Activity. Presented by Robert White. Ensuring new members are properly welcomed.

"Sleep On It: Why Sleep Matters" - Presented by Molly Marshall

Monday 3:15-4:15pm

"Chair Line Dancing" with Kris Peterson. Come have some fun exercise.

"Your Voice Matters- Simple Ways to Connect with Your Legislators" - Presented by Jane Sipe from P-CARET.

"Supporting Indiana's Foster System"- Representative from Isaiah 117 will present.

"Improving Health Through Diet" - Presented by Stephen Dishinger

Monday 6:45-7:15pm

President's Round Table- Presented by Michelle Roberts. This is for County Presidents or a representative and will cover the responsibilities of your office.

Monday 7:15-7:45pm

Secretary's and Treasurer's Round Table- Presented by Linda Wesseler and Ellen King. This session is for County Secretaries and Treasurers or a representative from your county.

Wednesday 9-10 am

"Stronger Together- Where Wisdom and Growth Meet" Presented by Sally Thieme and the Young Homemakers Committee.

"Not Your Grandparents Orchard- Not Just Apples"- Presented by Tara from Slaughter Orchards. She will be telling you about how apple cider vinegar is made as well as hard cider.

"Give Your Brain a Workout"- Come have fun with Linda Carunchia as we do some "Wits Workout." Ways to keep your brain active without even thinking about it and having fun at the same time.

"Consumer Protection and Scam Alerts"-Will be presented by Janice McHenry from the State Attorney General's Office.