

PRESIDENTIAL POINTERS – JANUARY 2018
An informative newsletter of the Indiana Extension Homemakers Association®



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PRESIDENTIAL THOUGHTS

Happy New Year! I hope that the holiday season brought you an opportunity to reconnect with family and other loved ones and gave you pause to give thanks and praise for all blessings in our lives. I am thankful every day for the lives that touch mine and the opportunities that are before and around me.

It is difficult to believe that this program year is half over, with much accomplished and much yet to do. From July 18-20, 2017, IEHA was represented at the National Volunteer Outreach Network (NVON) Conference in Raleigh North Carolina. Along with many others from the Indiana membership, we enjoyed a few days of connecting with representatives of other states in conducting business, participating in craft activities and other workshops, educational lessons and exchanging of ideas. It is always great to work with others who share common goals in our memberships.

On August 29, President Elect Cindy Saferight and myself began our journey around the state for the Fall District Meetings. We began in the northern districts and finished mid-September in the southern heel of the state. The District Representatives, the host county presidents and members did an awesome job of planning, preparing and carrying out the various themes and meeting plans. We hope that everyone enjoyed the meetings as much as we did. I tried a different program in discussing the missions of IEHA and strategies to make us more effective and attractive to join as an organization. We celebrate our accomplishments and good works as we continue those works in each program year. The i-LEaD lessons on effective meetings were very informative, too, and we thank all of the presenters who gave their time and expertise to the lessons.

October brought the opportunity to travel to Huntsville, Alabama for the County Women's Council USA meeting and USA Area Meeting of the Associated Country Women of the World. I presented the report on our International Project participation and highlights of our participation at the ACWW World Conference last July in the United Kingdom. I was joined by several others from the Indiana membership as we participated in some meetings lead by ACWW USA Area President, Jo Almond, and welcomed Linda Gause as the incoming CWC Chairman. Friendships from our World meeting were rekindled as we were able to visit with ACWW World President, Ruth Shanks, from Australia, Deputy

President, Margaret Yetman, from Canada, U.N. Committee Representative, Kerry Maw-Smith from New Zealand and others from across the United States and Canada. We participated in discussions in topics of worldwide interest and how we can help to make an impact.

On October 12, we participated in Focus Day, addressing the important work of our organization with our Focus Groups and Activity Committees. The State Board meeting followed on Thursday afternoon and Friday morning, followed by a Conference Planning Committee Meeting on Friday afternoon. Busy, busy and always in action!

November 21 found Cindy, Anne Moore, Cathy Cook and myself at the Family Impact Seminar at the Indiana Statehouse in Indianapolis. The topic this year was "Diversion programs at the Intersection of substance abuse and mental health." This is our opportunity to share topics of concern from around the state with our legislators as they gather information to help them to act on important legislation involving those topics.

Our pilot counties have been very busy with I CAN lessons in their communities, bringing basic skills and knowledge to those who will benefit from additional home and family skills and techniques. I am happy that those are going well and thank those who are working hard to get the IEHA missions out to others.

Early in this new year, we will continue to focus on our service to others, our commitment to members to support their leadership skills and our desire to continue to be lifelong learners. We better ourselves by being involved in those things on a daily basis. I invite you to join me in sharing the joy of membership and fellowship in this great organization each and every day.

In support of home and family,
Stephanie Jerabek
IEHA State President

UPDATE ON HANDMADE DONATIONS FOR RILEY HOSPITAL

Dear IEHA Members,

The Riley Cheer Guild values each of you for your support of patients and families at Riley, IU, and IU Simon Cancer Center Hospitals. We have had recent changes to our infection prevention policy at Riley which is identified for you below.

Due to Riley Hospital for Children's continued commitment to patient safety and changes in hospital infection prevention procedures, the Riley Cheer Guild can no longer hand out handmade bedding (quilts and blankets) and clothing items (hats and pinafores) to pediatric patients while they are inpatients. Contracted hospital linens and clothing are washed, dried, and stored according to specifications which ensure that patients are not exposed to outside organisms which decreases their risk for acquiring an infection while hospitalized.

Patients may receive items at the time of discharge, and Cheer Guild volunteers bag these items and label them:

"This item has been made for you by members of the community for your comfort. Please take this item home, remove it from the bag, and wash before use. Please support safe sleep for infants up to one

year of age by making sure that all items are removed from the child's bed including blankets, pillows, and toys."

If you are a CURRENT handmade item donor, we still have a need for some of these items for discharge. Please email Ann Hannan at ahannan@iuhealth.org to learn our current needs or call (317) 948-3584.

If you are a NEW handmade item donor, please email your contact information to Ann Hannan at ahannan@iuhealth.org or call (317) 948-3584 to receive notification when additional handmade items are needed.

Thanks for your service and for helping to keep our patients safe!

As noted, you are considered CURRENT handmade item donors, and we are committed to having our handmade item needs met by you, our devoted chapter members! At this time, we need tote bags. I have attached a copy of the pattern for this item. If you have fabric that was intended for pinafores, you can use that for these tote bags. We have an abundance of fleece blankets and hats, so we do not have a need for them at this time since we are only handing items out at discharge. If we need these items in the future, we will contact you via your Riley Cheer Guild Homemakers Chapter Chairperson, Cathy Cook.

Please feel free to call or email if you have further questions, and thanks for ALL you do!

Ann Hannan, MT-BC

Director, Riley Cheer Guild and Music Therapy
Riley Hospital for Children at Indiana University Health
705 Riley Hospital Drive, Room 4510 | Indianapolis, IN 46202
317.948.3584

ahannan@iuhealth.org

Discover the strength at www.iuhealth.org

INTERNATIONAL COINS FOR FRIENDSHIP

International Coins for Friendship is a voluntary contribution that supports IEHA program and helps to create better understanding, goodwill, and friendship between people of Indiana and other countries. From this fund IEHA makes annual donations to Associated Country Women of the World general projects funds and the Ruth B. Sayre Scholarship.

This fund also pays for:

Dues to ACWW and Country Women's Council, U.S.A.

Partial expenses of IEHA President, President Elect, and Past President to attend the ACWW Triennial Conference

Expense for President and President Elect to attend CWC Conference

Exchange Homemaker

Partial expense of an IEHA member serving as a Chairperson or Officer on ACWW, CWC, or National Volunteer Outreach Network Board

IEHA is well represented nationally and internationally by some of our IEHA Past State Presidents. Jo Ellen Almond is serving as ACWW/USA Area President, Linda Gause is the incoming CWC Treasurer, and Nancy Jo Prue is NVON Treasurer-elect.

This fund paid for our recent exchange with Canada. Margaret Christenson represented Canada for the first part of the exchange and Nancy Jo Prue represented IEHA in Canada this past summer. The fund also assists Nancy Jo with mileage expenses as she visits counties to make presentations.

NICKELS FOR INDIANA LEADERSHIP

IEHA leadership development is supported by voluntary contributions to this fund. All contributions to this fund stay in the state of Indiana.

This fund helps to pay for:

- Speakers at Home and Family Conference

- Scholarships for IEHA members to receive i-LEaD training

 - (Indiana Leadership Education and Development)

- District Representative training supplies and expenses

- Send IEHA representatives to NVON Conference and other out of state conferences

Attendance at NVON Conference is very important because the President and President Elect are the two voting delegates representing IEHA at the NVON Board meeting.

Contributions to Coins for Friendship and Nickels for Indiana Leadership should be sent to the State Treasurer annually. These contributions may be included when paying annual membership dues, but must be received by the State Treasurer Before May 1st to be included in the current year's annual Conference report. Please include the proper forms with payments. These forms are available on the IEHA website and are also in the County President's Blue Notebooks. Contributions to both funds are greatly appreciated and help to make our organization well represented in our state, our nation and our world.

Jan Gogel

State Treasurer

CONFERENCE TABLE DISPLAYS

Does your county have something they have done Supporting Home and Family? Or just a project you would like to pass on to others. Well, a Conference Display Table at Home and Family Conference is for you. Last year we had some great displays from I CAN information showing how several counties are helping others. We would love to showcase your county's projects and ideas.

Each selected display will have a display ready six (6) foot table. Only one table per display unless another table is requested and authorized on your application. You must use the top of the table only, no floor decorations or easels. The tables will be in the hallway so that all may walk past and enjoy, therefore no valuables are to be displayed on the tables.

The Display Table application can be found on the IEHA website under Programs/Forms, from your District Representative, or in the IEHA Blue Book. Applications will be judged on originality, merit,

and Homemaker involvement. Should an application not be accepted this year, it cannot be the same project the following year. Those selected will be notified by mail.

We look forward to seeing your successful programs, projects, and ideas!
DEADLINE: All applications must be received by April 1, 2018

CULTURAL ARTS

It is hard to believe that Home and Family Conference will be here in a few short months. The Cultural Arts Committee is excited to see the variety of items Extension Homemakers have crafted during the year.

The special project for 2018 is a "recycled item", taking a waste item and repurposing into a new item. An example would be to take an empty coffee container and repurpose into a bird house. The item can be no larger than 12" x 12" x 12". Each county may enter one recycled item in the special project category. Attendees will be able to vote for their favorite item.

The other Cultural Arts categories remain the same as previous years:

Quilts - full sized quilts, crib/baby quilts

Needlework - needlepoint, counted cross stitch, embroidery, crewel embroidery

Crafts/Miscellaneous - all items not included in one of the above categories

Each county may submit one entry in one of the aforementioned categories, plus one entry in the special project category.

Entry forms can be found on the IEHA website (www.ieha-families.org). Counties may submit forms prior to Home and Family Conference, bring completed forms to Home and Family Conference or complete a form when checking in Cultural Arts items. Please use one form for regular Cultural Arts and a separate form for the Special Project. Please note: The Cultural Arts Committee requests a Conference contact phone number for the individual bringing the item.

The Cultural Arts Committee looks forward to having many wonderful items for display at Home and Family Conference in Indianapolis, June 4-6, 2018.

Diane Oliver
Cultural Arts Chair

FIRST TIMER AWARDS

"Home and Family Conference is an extensive learning experience disguised as the best slumber party ever!" -- Jill Brechbill, 2017 Terre Haute District First Timer

I want you to close your eyes for just a second—okay, sure, you're busy reading this article. I get it. You can read to the end of this paragraph and THEN close your eyes. Now, picture an Extension Homemaker in your county who loves to come to every event, who exhibits in the fair, serves as a club officer, and always has a smile. The member who, despite their love of all things Extension, HAS

NEVER BEEN TO HOME AND FAMILY CONFERENCE.

Eyes open again? Good. Now, it's time to get in touch with that person and encourage them to apply for the First Timer Award from your District. Send them an application, help them fill it out. This person adds so much light and life to your County; it's time to return the favor.

Ten State First Timer awards will be given in 2018 (one from each District). The award amount is \$150.00 to apply to their registration/conference expenses. The application can be found in your County President's Blue Book, through the Extension office, from your District Representative, or from the IEHA website.

Remember, applications are due to your county president by your county's designated due date. Once the county selects a winner, the winning application is due to your District Representative by March 7, 2018. The District Representative then must report their District winner to the IEHA First Timer Chair, Meegan Ebacher, by April 2, 2018. Contact Meegan with any questions.

All District winner forms must be sent to:
Meegan Ebacher
921 Penstock Ct
Avon, IN 46123
317-919-7534
meegan.ebacher@gmail.com

Thanks, and see you at Conference!

MEMBERSHIP COMMITTEE

The Membership Focus Committee is a wonderful group, excited about membership! We work hard to come up with ways to challenge the members of IEHA to continue to share "the best kept secret" in the state. We want every member to be proud of our organization because we do so much for others. For us to continue, we need fresh faces, new ideas, **and** continued support from our current members.

This year, we are continuing with the challenge of Ms. EGO (Everyone Get One.) Every time a member sponsors a new member to join, they submit the current member's name along with the new members name. Please be sure to include your county. Please submit this information to your District Representative who will pass it along to the Membership Focus Committee. We have given Ms. EGO a first name, CAM, standing for "Celebrate A Member." We would like for each county to Celebrate a Member. Let the committee know why you are celebrating this member, with a few details about what makes them special and be sure to include a picture of this member.

We encourage each county to sponsor/start a new club. Be a mentoring club helping the new club members learn the roles of officers, getting them excited with the basics of club work and helping them start making a difference in your community.

At conference this year, we would like to share books with the "Celebrate a Member" stories. Last year, the "Magic of Membership" stories were a hit. We want to read these stories and celebrate with them. We will also be awarding a few of our members and their new friends at conference. Our goal is to have more people attending conference and they must be present to win!

We will be hosting a Membership session at Home and Family Conference. We will discuss overcoming difficulties, getting new members and retaining current members. We will also share different ideas on how to get the word out to others about IEHA. We will have helpful handouts, ideas and event ideas. Remember, membership is everyone's job and it's as simple as EVERYONE GET ONE!

PASS THE WORD...

Focus Groups; Education, Leadership and Volunteer Community Support as well as Activity Committees; Cultural Arts/Heritage Skills, Silent Auction, Marketing/Logo Sales and Membership will need new members for the 2018-2019 year. All members are eligible to apply, having been a county officer is NOT a prerequisite. Focus Groups meet once or twice a year with their chairman. Activity Committees may meet once and continue communication through email, mail or phone. Attendance at Home and Family Conference is encouraged with participation in the Focus or Activity session. One-year term appointments are made by the President Elect, Cindy Saferight, with assistance from the State Board.

Applications are due at the Spring District Meetings, or by April 15, 2018. An applicant must reapply each year and cannot serve more than two consecutive years on the same committee. Applying does not ensure placement on a committee.

Applications are available on the website (ieha-families.org), from your HHS Educator, in the Presidents' Blue Book (under the Forms Tab) or from your District Representative.

Be an integral part of IEHA. I look forward to receiving YOUR application!

Cindy Saferight
President Elect

IEHA CAREER ADVANCEMENT SCHOLARSHIPS

As the cost of higher education continues to increase, IEHA is pleased to be able to offer eight Career Advancement Scholarships to those 25 years of age or older. The \$500 scholarships that are being offered are:

- 5 General Career Advancement Scholarships
- 2 Eleanor Arnold Scholarships (Must be an Indiana Extension Homemaker Member)
- 1 Ann Hancock Scholarship (Must be seeking a medical field degree.)

Requirements for Applicants

- Must be a 25 years of age or older, homemaker and a resident of Indiana.
- Must be admitted, or cleared for admission to, an accredited academic or vocational school with a state license.
- Must complete, a current application form available in County President's Blue Book or on the IEHA website: www.ieha-families.org
- Application must be postmarked by March 15, 2018, and mailed to - Cathy Cook, PO Box 84 Trafalgar, In 46181

*Note – Former winners may apply again.

County Presidents, please make this information available to all of your members and publicize in your local newspapers. IEHA looks forward to receiving many outstanding applications.

Cathy Cook
Immediate Past State President

STATE OFFICER NOMINATIONS

I hope several of you are considering applying for a State Officer position. It has been a wonderful experience and I think many of you are the leaders we need for the future of IEHA. At Home and Family Conference 2018 we will be electing a new State Treasurer who will serve for 2 years. The applicant must have served as a county president.

We will also be electing a President Elect and a Vice President. Each of these offices are a one-year term with the President Elect moving up to President and continuing to serve on the State Board the following year as Past State President. These candidates must have served 2 complete years as District Representatives.

Applications for these offices can be found in the Blue Book under forms or at the IEHA website: www.ieha-families.org. The application can be found under the tab "Programs/Forms". All applications must be signed by your local county president and secretary and postmarked by February 15, 2018. Mail to: Cathy Cook, PO Box 84 Trafalgar, IN 46181.

All qualified nominees will be required to give a short speech at the Annual Business Meeting during Home and Family Conference on June 5, 2018. I encourage you to continue your IEHA adventure and take the opportunity to further develop your leadership skills and serve our great organization.

Cathy Cook
Past State President

HOST-A-HOOSIER

Each year I look forward to the Host-A-Hoosier program. Over the years I have traveled to many different counties, met many homemakers and learned about the activities in their counties. I hope your county will choose to participate in the program for the 2018-2019 program year. Applications can be found in the President's Blue Book or at the ieha-families.org web site. On the application you can indicate how far you would be willing to travel. Remember that you will need to be willing to travel over 75 miles in order to exchange with a county outside your district. You can also indicate if you would like to stay overnight and whether your county is willing to host guests overnight. This state-wide opportunity to visit with other homemakers, participate in each other's programs and gives us great ideas we can use in our own counties.

Applications are due by April 15, 2018 and should be mailed to:

Jeanine Arnett
4928 State Road 1
Butler, IN 46721

Matches will be mailed to county presidents prior to Home & Family Conference. We will not make matches at conference this year to avoid confusion.

Jeanine Arnett
Host-A-Hoosier Chair
Past State President

RUTH B. SAYRE SCHOLARSHIP APPLICATIONS

The Country Women's Council USA (CWC) offers the Ruth B. Sayre Memorial Scholarship for the purpose of fostering educational development for women. Ruth Buxton Sayre, born a banker's daughter, became a farmer's wife in 1919 and mother of four children in due time. She became abruptly aware of the deprivations of farm families compared to their town cousins. During the 1920's and 30's, she traveled the countryside organizing courses for young farm women to learn and work for simple amenities for themselves, as well as calling on rural communities for better schools and the establishment of public libraries. From 1947-1953, she served as the first working president of the Associated Country Women of the World (ACWW). To date, she is the only American to have held that prestigious post. The \$500 scholarship is awarded to a resident of the USA, living in a CWC member state, demonstrating leadership abilities and financial need. Application forms are available through the CWC website (www.cwcusa.org) or from an IEHA State officer, DR or county president. The completed application, two non-family character references, official transcript of grades, a summary of applicant's activities, goals and financial need and a photo of applicant is due by March 1st to IEHA President, Stephanie Jerabek, 4944 N Rangeline Rd., Huntington, IN 46750.

SPRING DISTRICT MEETING SCHEDULE

Spring District Meetings are soon approaching and we are in the process of planning our meetings with much information to share with you. Please put these dates on your calendar and plan to attend. More specific information will come from your host counties and DR's so watch for this information to be available soon. State President, Stephanie Jerabek, State President Elect, Cindy Saferight, and Vice President, Anne Moore will be traveling to all meetings to meet and greet you. Please use this opportunity to bring a member to share with and learn more about IEHA. Hope to see you there!

Stephanie Jerabek
IEHA State President

March	13	Terre Haute District	Monroe County
	14	Evansville District	Warrick County
	15	Bedford District	Washington County
	16	Madison District	Ripley County
	20	Lafayette District	Montgomery County
	21	Indianapolis District	Boone County

22	Kokomo District	Miami County
23	New Castle District	Jay County
27	Michigan City District	Kosciusko County
28	Ft. Wayne District	DeKalb County

WANTED
**District Representatives –Excellent learning environment
with great opportunities.**

The Organization:

Indiana Extension Homemakers have been in existence over 100 years, offering support to families through Education, Leadership and Volunteer Community Support and are seeking a few good candidates to fill the vacancies of retiring District Representatives from Bedford, Evansville, Indianapolis, Kokomo, Terre Haute and Madison Districts.

The Position:

District Representative
2-year term required
Must have served as a County President
Liaison between State & County Organization
Must preside at 4 Planning Meetings, 4 District Meetings
Attend Focus Day Meetings, DR Orientation, State Board Meetings & Home and Family Conference

Why Apply:

Personal growth
Advancement Opportunities
Learn Cooperation & Teamwork
Help with decision making
Make new and forever friends
Energetic Self – Motivators with a willingness to
Motivate others are encouraged to apply!

Applications are in the Blue Book under the Forms Tab as well as on the website (ieha-families.org), your HHS Educator and your Districts' current DR also have them.

Applications should be sent (mail or email) to your current DR
AND State President Elect
Deadline is April 15, 2018
