



Presidential Pointers

Cindy Saferight, IEHA State President

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Presidential Thoughts...



SALUTATIONS! That's Greetings in the words of a famous spider. I am Cynthia Saferight, Cindy to my family and friends. I'm no stranger to IEHA, as my mother; Nina Harris had me attending meetings, programs and events at a very young age. Mom loved IEHA and I loved my Mom so joining was a no-brainer. With wit and wisdom my family helped me to hone the skills I would need to be a productive asset to humanity.

I am the middle child (that explains a lot) of Bill and Nina Harris. I have two sisters. As I recall we fought a lot as children, but we have since made up and they are two of my best friends. We all share a great sense of humor instilled upon us by parents who enjoyed a good pun, limerick, riddle or joke. Family time was important; we went on a lot of family vacations and they were always educational and fun!

I attended Ball State University to study Journalism. I married Jim and we adopted our daughter, Jennifer when she was 2 days old. She's almost 30 now! Jim and I share our couch with two fur babies, Fritz and Bella; they keep me sane and drive me crazy at the same time!

I am currently Secretary of the Morgan County Extension Homemakers. My home club, Sunny Circle is my extended family as many of the members have known me since I was a child. I have served in every capacity in my local club and would do it all again if need be. The members of Sunny Circle are willing and hard working, giving their time when needed. They are all dear friends and I love them all!

For fun and relaxation I enjoy arts and crafts, both learning and teaching. Last year I helped start a Specialty Arts and Crafts Club as a joint effort with Monroe County and I initiated the Spring Fling; a make it take it, in Morgan County. Busy hands are happy hands!!

The theme I have chosen for my program year is "Today's Changing Homemaker". It is captured within a hexagon or honeycomb; Home to a Bee, with the second message of "Save the Bees". The movement of the bee is symbolic of the evolution of the traditional family from a mom and dad and two and a half children, to single moms, stepfamilies, boyfriends and girlfriends, foster parents, 2 moms and 2 dads. There are new homemakers on the horizon and we must embrace



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the change if WE are to survive as an organization that supports families; and speaking of survival, if the Bees do not survive, neither will we.

I want to create a BUZZ and share ideas for the growth of the Indiana Extension Homemakers Association with You. Seek me out if you have a” Bee in your bonnet” and you want to talk about it. I’m here to serve.



Cindy Saferight, IEHA State President

2018 Home & Family Conference in Review

Well the 2018 Home and Family Conference is in the books! This year was highlighted with many great concurrent sessions, training opportunities, great meals, new logo items, the silent auction, cultural arts, Heritage Skills & Crafts, a Tour and much entertainment.

On Monday we were excited with the return of the i-LEaD individual leadership level one training with more than 20 attendees. We also offered Heritage Skills and outstanding Shop Hop Tour. Monday Evening we were entertained at the Red Carpet Resale Style Show.

Tuesday morning kicked off with breakfast followed by the Annual Business Meeting. We began Tuesday afternoon with lunch and had many good concurrent sessions to choose from to attend. On Tuesday evening we were able to attend another great Melody Makers Choral Concert.

Wednesday morning we shared a brunch and enjoyed the Looney Lutherans presentation called “*Living La Vida Lutheran*”. This was an outstanding keynote speaker group to begin our last day of conference. We continued the day with Crafts and more great choices of concurrent sessions to attend.

The highlight came Wednesday evening with another wonderful Gala Banquet and the Installation of the 2018-19 State President, Cindy Saferight and her board.

On behalf of the IEHA state membership I want to say thank you to the outgoing State President Stephanie Jerabek and her board for fine job, and to wish you each the best.

Cathy Cook, IEHA Conference Chair

Cultural Arts Conference Winners

Cultural Arts had many beautifully creative entries this year at our IEHA Conference.

Edna Brown, (Madison Co.) was the peoples choice in the Quilt Category. Her bed size quilt was Red & White with a half square triangle pattern and the back was just as beautiful as the front.

Marvel Albite (Clinton Co.) won the Needlework category. She entered the “GIVE THANKS” framed counted cross-stitch

Susanne Coldwell (Montgomery Co.) won the Craft/Miscellaneous Category, her entry was a large round crochet tablecloth in the pineapple pattern.

Kris Peterson (Elkhart Co.) won the Special Project with a wind chime made from bicycle gears. The Cultural Arts Committee THANKS YOU for sharing your talents with us, and we encourage you to participate again next year!

Gala Banquet

The 2018 Home and Family Conference concluded with the Gala Banquet on Wednesday evening. Tables were decorated with wooden houses representing the IEHA Logo placed on a 12” quilt block and blue and gold quilt block coasters were table favors. The table décor reflected President, Stephanie Jerabek’s theme “Supporting Home and Family”.

I wish to thank Terri Meal and her daughter-in-law as well as Peggy Peter and Shirley Jefferson for their creative talents and hard work.

Members of the Indianapolis District presented the Installation of Officers for 2018-2019. The presenters, Sarah Kesterson, Lais McCartney and Deb Sweet were dressed as Bees for the Bee themed installation. President Elect, Cindy Saferight was installed as President; her term will begin July 1, 2018.

Cindy introduced her family and narrated a slide show before explaining her theme of “Today’s Changing Homemaker” and “Save the Bees”. I hope everyone attending, enjoyed the Gala.

Barbara Meyer, Kokomo District DR

LOGO

WOW, what a conference!! Foremost, I’d like to send out a big THANK YOU to our Marketing/Logo Committee and all the ladies who volunteered their time. Your help is what made this another successful year. We couldn’t have done it without you!

I want to especially thank those who stepped up and covered for me! My grandson William Defoe Schloss decided to come 15 days early on June 5th! Therefore requiring me to leave in a mad rush Tuesday afternoon, for a 3 ½ hour drive to Evansville... I made it in just shy of 3 hours... with ONE stop in Davies County... by State Trooper R. Johnson going 83 in a 70 MPH... Thankfully I just received a warning (this time). Will came into this world at 8:12 pm, so I made it in plenty of time!!! Anyways back to business...

Several new items were premiered at the 2018 H&F Conference including Cindy’s Presidential Theme pin and T-shirts, Glass Nail files, Heart Shaped Purse Hanger, House Shaped Key Chains, Thermo-Snack-Sacks, Silicone Pot Holders, and Leather Hang Tags. This year we also brought back, by popular demand, the Neck Wallet that doubles as a name badge holder. If you missed your chance to purchase Logo items during conference, be sure to attend your District Meetings or better yet invite your DR and ask her to bring her Logo box to your next event! Your DR will have some of everything Marketing/Logo has to offer.

If you have any suggestions for future Logo items, please share your ideas with us and we will see what we can do!

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Cathy Cook, Inventory Control Chair
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* 🐝 Honeybees are responsible for approx 80% of all fruit, vegetable and seed crops in the U.S. 🐝 *
*

Focus Groups

The **Leadership Focus Group** met in October to review the Leadership Program for the year. The Plan of Action was reviewed as were guidelines in the Blue Book. The Indiana Extension Homemakers Association continued financial and personal support to the Family Impact Seminar, held for the legislators on November 21, 2017.

The group discussed possible topics for a session at Home and Family Conference pertaining to women in leadership. The hope was to invite an active female Legislator to speak on “How today’s woman can have her voice heard “. Ultimately our speaker was Shannon Kohl, the first female Mayor of Martinsville, IN; discussing women in local government.

The ENTHUSIASM AWARD was discussed as a tool to encourage members to embrace leadership rolls through their Enthusiasm for the organization. Each county was asked to nominate 1 “Enthusiastic” member and from those nominees each district chose one winner. Winners were announced at the Gala Banquet at Home and Family Conference. Those present were: Sylon Benjamin from Kokomo District, Pat Day from Michigan City District, Ada Mae Rebman From Ft. Wayne District and Susan Vaught from Lafayette District. If a nominee was not present at Conference, they will be awarded at their District Fall Meeting.

The i-LEaD team presented a Level 1 Certification Class; Personal Leadership, focusing on understanding leadership, assessing personal skills and developing a personal philosophy of leadership. Levels 1 and 2 will be available at next years Conference. The “I Can” team had a session at Conference for a review of the successes from the past year, as well as to share new ideas.

As you can see there is a lot of “Leadership” going on in our organization and so much more that is untapped; I encourage YOU to encourage your members to step up to a Leadership role. Let the words of Eleanor Roosevelt, “Do that, which you think you cannot do”; be your springboard to Leadership!

Cindy Saferight

The **Membership Focus Committee** had a very successful year ending with a wonderful session at conference. The membership jam session brought new fresh and exciting ideas to the table. There is a membership group on Facebook that people can get involved in as well. This is a private group so you must email Deborah Sweet if you would you like to be a part of it. On this group page you can share ideas, ask for feedback, and have access to files. In the files section there is the CAM (Celebrate A Member) book, Over 100 ideas on how to get new members and so much more. If your county did not get their CAM story in, or you are not sure if the story made it into the book, please email or mail me that story right away! My goal is by the end of July to have emailed everyone who wanted the PDF copy of the book their copy or to mail it out to those who do not use email as their primary means of communication. If you didn’t make it this year to the session I do hope you will plan on attending next year. The stories of the members we celebrated were so inspiring; we are so blessed to “Bee” a part of such an amazing organization. I have been working on some ideas for next year already and I can’t wait to meet my new membership focus committee members. I’m looking forward to “Beeing” a part of another great year in membership.

Deborah Sweet, Membership Chair deborah.sweet8@gmail.com
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The **Volunteer Community Support Focus Group** encourages the Indiana Extension Homemaker Association members to support the needs in their local communities. There are a number of projects that are supported by the state organization that have an impact all over our state, nation and world. Coins for Friendship collections support our international work through the Associated Country Women of the World (ACWW.) Nickels for Leadership collections support leadership activities and the leaders in our own organization. A number of projects are detailed in the County President's Blue Books under the Volunteer Community Support tab.

We continue to partner with the Indiana Donor Network to provide comfort shawls for the "Threads of Compassion" program. The shawls are given to the families who have lost a loved one and have donated tissue or organs to the living. Our members have donated over 1000 shawls in the past and the patterns for knitting and crocheting the shawls are available in the Blue Books and on our IEHA website. Clubs and counties may contact the Indiana Donor Network for yarn or to arrange shawl pick-up for larger quantities. Shawls may be delivered to the Donor Network in person, as well.

In 2010, IEHA partnered with Purdue University to establish an endowment fund to support cancer research. To date we have raised more than \$200,000 and the funds are being used to help find a cure. At our 2018 Home & Family Conference, we received word that a generous donor will match our donations so our money will go twice as far in this endeavor. Remember that donations can also be made in honor or memory of friends and loved ones.

We continue to support the Riley Hospital Cheer Guild through donated items for children who are patients. A complete donation wish list can be found in the Blue Book under the VCS tab. Tote bags in both sizes are needed for the children to take home. Hand sewn items such as puppy pillows and blankets are not needed at this time but can be donated to your community sources.

There is a tremendous need in our communities to support children, women and families. The projects mentioned here are highly recommended. Counties and clubs are encouraged to support programs locally and know best what those needs may be.

We encourage all clubs to complete the Volunteer Community Support Form and turn it in in February to their VCS Chair or County President. Information from those forms is used for the County President's reports. Those reports are in turn used by our affiliated organizations, NVON, CWC and ACWW.

Thanks to the VCS Focus Group committee members, the County VCS Chairs, and to all the IEHA members who give so generously of their time, talents, and monetary donations. I encourage you to consider serving as a chair of your county or to join the State VCS Focus Group. Your knowledge, enthusiasm, and willingness to support this focus group committee makes you a very valuable member of our organization. You can also help develop new programs and strengthen the current ones.

Stephanie Jerabek, Chair

 *  Honeybees have five eyes, 3 small ones on top of the head and two big ones in front. *
 *  They also have hair on their eyes! *
 *  Out of 20,000 species of bees, only 4 make honey.  *
 *  *****

Each year in October, the **Education Focus Group** members meet to determine an area of interest and importance to homemakers that they would like to research and develop as a program. This year's chosen topic was on emergency preparedness. Each member contributed to the development of our booklet "Emergency Disaster Preparedness ... Are You Ready?" During the President's Roundtable at Home and Family Conference, 50 booklets were distributed to each county president for use within their counties. If the County President did not attend the Roundtable, their District Representative received them.

The booklet gives suggestions to help you prepare for possible disasters by assisting you in knowing what to expect and offering tips for keeping you and your family safe from harm. The intent of the booklet is not to alarm or frighten, but to help you be confident in your preparedness. It includes some general guidelines for emergencies and disasters, what to include in an emergency kit, and things to think about when faced with a fire, flood, or active shooter situation. The booklet is not intended to be an all-inclusive emergency response guide, but rather to make you aware that you can and should be ready for disaster/emergency situations.

The booklet may be copied and used as a lesson idea for your club meeting. On the ieha-families.org website, other lessons that have been developed over the last four years by this focus group are also available for your use. There are ten (10) new lessons each year that have been developed by HHS Educators for your use as well.

Michelle Blough from Elkhart County conducted the session at Home and Family Conference. She was substituting for Mary Ann Lienhart-Cross, Elkhart County Educator, who was unable to attend at the last minute. A large group attended the session with lots of group discussion and idea sharing. It was fun working with the ladies last year on the Education Focus Group. Please consider getting more involved and offering your help and providing your input by joining in as a member of a Focus Group or an Activity Committee. It has been repeated many times, "You only get out of something what you put into it!" I hope to work with you as a member of a Focus Group or an Activity Committee next year.

Anne Moore,
IEHA President-elect

2018 Scholarship Winners Announced

Congratulations to the winners of the IEHA sponsored scholarships for 2017-18.

They were all notified by letter in the spring and are listed below.

Career Advancement Scholarship

Jillian Price	Hamilton County	Indianapolis District
Geneva Sumi Ross	Scott County	Bedford District
Brenda "Delaine" Thomas	Rush County	New Castle District

Ann Hancock

Kaitlynn Ashby	Madison County	New Castle District
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Eleanor Arnold Award

Amy South	Parke County	Terra Haute District
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The **IEHA Public Relations Committee** is a newly formed committee and has been challenged with the task of improving and increasing our visibility throughout the state. We are a well-kept secret, often having low visibility in communities where we have been working and contributing for many years. Our goal is to make our organization more recognizable, our mission more apparent, and our goals of providing leadership opportunities, volunteerism and education, proudly prominent.

One way we are trying to reach more people and spread the word about our organization is through Facebook. Through social media we have an ongoing presence, and try to share the news about events throughout the state as well as provide the occasional inspiring or educational post. If you have events or news from your area, feel free to share it on our page or email it to our chairperson: shirley@robbandrobb.com Please share our posts to increase our reach. If you haven't visited our page (you do not have to be a member of Facebook) you can find our news at <https://www.facebook.com/IndianaExtensionHomemakersAssociation/>

Work has begun with a revamp of our tri-fold brochures. We hope to make the message simpler and engaging, and have asked for the (free) help of a graphic designer to advise on the "look" we might use to make for an attractive design while reflecting our traditions.

Keep in mind the upcoming IEHA Week in October, 15-19. Included in your blue book or on our website is a sample proclamation you might use in your local press or radio. Many media outlets are looking for local interest stories to feature. You could use this event to kick off a new initiative or tout an old favorite. Do you have an enthusiastic member that might not shy away from the limelight? Rally him or her to our cause and find an outlet to spread the word that we are an organization supporting the greatest institution in the world, the Hoosier Home!

Shirley Jefferson, Public Relations Committee Chair

FALL DISTRICT MEETINGS

Fall District Meetings will be here before you know it. President Elect, Anne Moore and I will soon be traveling the state to each district meeting. We're looking forward to hearing and seeing what the "BUZZ" is all about in your neck of the woods! This is our schedule:

August

Tuesday 21	Terre Haute District	Owen Co.
Wednesday 22	Evansville District	Davies Co.
Thursday 23	Bedford District	Clark Co.
Friday 24	Madison District	Brown Co.
Tuesday 28	Lafayette District	Newton Co.
Wednesday 29	Michigan City District	Elkhart Co.
Thursday 30	Ft. Wayne District	Adams Co.

September

Wednesday 5	Indianapolis District	Hamilton Co.
Thursday 6	Kokomo District	Tipton Co.
Friday 7	New Castle District	Madison Co.

My theme this year is "Today's Changing Homemaker". Today's homemakers are on a fast track; they're lives are a whirlwind of activity. The "techy" gadgets of today afford them convenience and make life simpler; but are they missing out on fundamental skills? We need to be open minded and accepting of the "New" technology associated with "Today's Changing Homemaker. Also, let's not forget the importance of the Bees; they pollinate 1/3 of our consumable food. If we are not diligent we will witness the demise of both species; the BEE and the EXTENSION HOMEMAKER! We look forward to Bee-ing with you this fall! - Cindy Saferight, IEHA President

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It is the mission of the Indiana Extension Homemakers Association to strengthen families through continuing education, leadership development, and volunteer community support.

Advice from a Honey Bee

- Create a BUZZ
- Sip life's sweet moments
- Mind your own beeswax
- Work Together
- Always find your way home
- Stick close to your Honey
- BEE yourself!



What's the BUZZ?

If you have a "Bee in your Bonnet"

Or a question or concern or You just want to share an idea.

Feel free to contact Me at:

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I'd bee happy to talk with YOU!

 * The IEHA Newsletter is published three times a year (August, January, April) and is sent to all County *
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 * format is sent to all County Educators. If you know of someone who holds an office listed above that isn't *
 * receiving this newsletter, or your information needs corrected, please let me know and I'll get it rectified. *
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