



# Presidential Pointers

A Newsletter of Indiana Extension Homemakers Association®

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Stephanie Jerabek-President Co-Editors-Patty Coonrod & Joanna Sell **April 2018**

**104 Years of  
Volunteer  
Community  
Support**

## *Presidential Thoughts*

By the time you will be reading this, it will be April and, hopefully, Spring will be arriving with great flare. I am not a big fan of winter and all who know me well will tell you that my winter can last from noon on Christmas Eve until 6:00 p.m. on Christmas night. Then, I am done with snow and ice for the season and ready for Spring! I love to explore the yard for signs of new life in the form of fresh buds, early flowers and signs of new life. Already this late winter, I have seen a fox chasing a squirrel and a group of deer, searching for fresh greens in our yard. The daffodils and crocus are poking through as I write this, though the temperatures are still right around freezing.

Our Spring District Meetings began March 13, in Monroe County and ended in DeKalb County just before the end of the month. What a treat it is for me to travel across the state and see IEHA members and Educators and hear all of the good things that our members have done this year. You are awesome! The service that you offer to so many is so valued and needed and I am in awe of the things that are accomplished under the umbrella of IEHA membership. Together we can do so much! You have touched lives around the state and around the world. Never stop giving the best of yourselves! It is my sincere hope that when you give and see the impact that you make, that you will feel the impact that it has had on you. No one can give to others without being changed for the better themselves.

I am truly honored to have been able to serve you as your State President this year and look forward to continued service with all of you. We may be scattered around the state but our hearts and missions and goals are connected and will flourish when we strive for those common goals. Thank you for your passion and dedication to our organization and to our communities around the state. You truly are IEHA...Supporting Home and Family.

*Stephanie Jerabek*

IEHA State President

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# ***20<sup>th</sup> ANNUAL NVON CONFERENCE*** ***National Volunteer Outreach Network***

***“NVON...Learning, Leading, Serving”***

***July 16-18, 2018***

Country Springs Hotel and Conference Center

Pewaukee, Wisconsin

**2018 Conference Tours**

**Monday, July 16--**

**All Day Tour to Old World Wisconsin**

**Wisconsin Museum of Quilts & Cedarburg Shops**

**Tuesday, July 17--**

**Harley Museum and Lakefront Brewery**

**Wednesday, July 18--**

**Milwaukee Art Museum**

Join the fun and fellowship “Learning, Leading and Serving” in Wisconsin at the 20<sup>th</sup> Annual NVON Conference. We will have a great time exchanging ideas and sharing information with our friends from Arkansas, Illinois, Kentucky, North Carolina, South Carolina, West Virginia and

Wisconsin. The business meeting offers presentation of the state flags and reports on accomplishments from the year, as well as information on national and worldwide projects. Cindy Saferight and Anne Moore will lead the Indiana delegation at this year’s conference.

Information from your county president’s reports are used to prepare our state report. More information and registration materials for this NVON Conference are available at the NVON

webpage , [www.nvon.org](http://www.nvon.org)

or by clicking on the NVON link from the IEHA website,

[www.ieha-families.org](http://www.ieha-families.org)

We hope that you will join us for a few days of fun, fellowship, learning and leading!

*Stephanie Jerabek*

**IEHA State President**

## *Home and Family Conference Highlights*



The Conference Planning Committee has been hard at work to plan another great conference for you this year. This year's Home and Family Conference will be held at the Sheraton Indianapolis Hotel at Keystone Crossing June 4-6, 2018.

On Monday, the tour departs from the hotel at 9:30 a.m. on an exciting shop hop to a number of resale and consignment venues. Shop for treasures for your wardrobe and be a feature in a Red-Carpet Resale Style Show that evening to show off your finds. A box lunch is included in the tour and you will need to bring pocket money for your purchases. Light refreshments will be served before the style show that evening. The i-LEaD program returns with Phase I Certification Classes (Personal Leadership) being offered at no charge. If Heritage Skills are more your style, we have classes on flat reed weaving, basic hand quilting, stained glass, alcohol ink art, creations from Christmas cards and Preserving Memories with a needle.

Tuesday starts with breakfast before the Annual Business Meeting. Hear from our organization's leaders and elect our officers for next year. Following the meeting, lunch will be offered before our afternoon sessions. The concurrent sessions include the President's Round Table and the Secretary/Treasurer Round Table and a Membership Jam. Other sessions include information on Communication Difficulties in Stroke Survivors, Understanding Dementia, Reducing Holiday Spending, Where Does the Money Go? Information about Coins for Friendship/Nickels for Leadership, Gluten Basics, Human Trafficking, First Books and Suzy's School of Style. Tuesday evening, carpool with your friends to St. Luke's United Methodist Church to enjoy a concert by the Melody Makers of Indiana. Sign up on your registration form for your \$5 tickets, as they are \$10 at the door.

Wednesday morning starts with brunch followed by our Keynote Speakers, The Looney Lutherans. They will entertain us in a presentation entitled **Living' La Vida Lutheran**. You don't need to be a Lutheran to love 'em! Lunch on your own will precede the afternoon sessions. This will include information on Food labeling, Google Tools, Emergency Disaster Preparedness, the Indiana Early Learning Foundation, ACWW 2016 Conference, What's New in Tech, "I CAN," Ready to Serve Her Community, the "No Pain, No Gain" Motto and the Exchange Homemaker Presentation. We will close out the 2018 Conference with a Gala Banquet and the installation of our new IEHA President, Cindy Saferight.

Sign up for your sessions, meals and concert tickets on the registration form. Reminder lists will be on display at Conference. If you attended the Conference last year, a registration form will be sent to you. Complete Conference information will be included. Complete conference information can be obtained by clicking on the link on our [ieha-families.org](http://ieha-families.org) website. Registration is open now and rates will be in place until May 1, 2018, when the price increases. Room reservations can be made by calling the Sheraton at Keystone Crossing and asking for the IEHA Conference room block or by visiting:

[www.starwoodmeeting.com/events/start.action?id=1712080024&key=1A999653](http://www.starwoodmeeting.com/events/start.action?id=1712080024&key=1A999653)

Room rates are available until May 4, 2018.

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We hope to see you at the 2018 Home & Family Conference at the Sheraton Keystone in Indianapolis, June 4-6, 2018. Join us for fun, fellowship, learning and the opportunity to grow as individuals and as an organization.

The Conference Planning Committee

*Cathy Cook*, Chair

## ***President's Roundtable***

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“WHAT’S THE BUZZ?”

How is a County President like a Bee?

They are both industrious, working hard for the betterment of their communities. I invite all County Presidents, experienced and new, to join me for the Presidents Roundtable at Home and Family Conference, Tuesday, June 5 at 1:45 pm in Plaza A. Only one representative per county need attend. No need to bring your BLUE BOOKS, though they are an invaluable asset to your office. As the Bee collects pollen to take back to their hive, you too will receive important information to take back to your county!

*Cindy Saferight*

IEHA President Elect

## ***Cultural Arts***

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Hello IEHA Members,

It's that time of year again, and we want to display your masterpieces which you have created within the last two years. The categories are: Quilts, Needlework, Crafts/Misc. The special project is "reused item". Taking a waste item and making it into a new item. Such as changing an empty coffee container into a birdhouse. The entry can be no larger than 12" x 12" x 12". The room is in the same location, room D/E. The hours are:

Monday -1 - 6 pm. checking in projects  
Tuesday -11 :30 – 5 voting time  
Wednesday -11 – 4 voting time  
Pick up items - 4:30 - 5:30

Each county is allowed ONE entry in one of the three categories, and ONE entry for the special project. Each entry must be made by an Extension Homemaker. We are limited on space. IEHA is not responsible for lost, misplaced, or broken items. Winners will be announced at the closing program. For more info contact the Cultural Arts Chair.

*Diane Oliver*

## ***Silent Auction***



The Silent Auction is one of the activities during Home and Family Conference in which you can participate. The purpose of this activity is designed to raise money for IHEA General Fund and help reduce costs of the Home and Family Conference. We encourage each county, club and/or individual to provide items or baskets of items for the Auction. These items may be new or very gently used. This is a voluntary program, however, the more that participate, the more fun and the more successful it will be.

Rules: NO Pre-registration Needed

1. Entries must be ready for display.
2. Baskets need a list of items it contains, displayed where it can be seen.
3. Bidding will be by name, with room and/or phone number included.
4. The winner will be the last name on the bidding sheet.
5. All payments are due at the time of pick up.
6. Cash or checks payable to IEHA are acceptable. No credit cards.

Be Creative. Suggestions: baskets (large and small), quilts, Needle work, craft items, paintings, decorative items, jewelry, IHEA items. Only commercially prepared food items are acceptable. We need small items as well as larger items. Smaller items may be more affordable for some people. Come and join the fun bidding on items. Questions, contact

*Darlene Decker*

Silent Auction Chair

## *Membership Focus*



The Membership Focus Team is Celebrating A Member this year. While it is important to bring in new members, it is just as important to celebrate the members we have that work so hard. Last year everyone was introduced to Ms. EGO (Everyone Get One). And she was so much fun, we wanted to keep the fun going this year. We have given her a first name. Her name is CAM (Celebrate A Member).

Anyone who attended last year's session at conference was given the opportunity to take a book that contained the Magic of Membership stories that were submitted. This year we are going to have books that Celebrate A Member. Currently I have 4 stories, and hopefully lots more to come! I hope everyone takes the opportunity to read about the incredible women who are nominated by the members of their county.

As you pass by the wonderful women who step up and take on the extra service rolls remember to take a moment and celebrate the work they are doing to make Indiana Extension Homemakers amazing. There is a lot of love, time, and energy that goes into everything IEHA touches. When you are doing something fun, other people naturally want to join in. So, celebrate the blessings you have, and others will want to join and celebrate as well.

I hope to see lots of faces at the membership session this year at Home and Family Conference. We have so much fun in store. There will be a jam session, celebration of members, and lots of ideas on how to boost membership. Don't be late, you will not want to miss one moment of the fun we have in store for everyone. Come ready to share ideas, work through obstacles and to celebrate each other. See you all very soon.

Blessings,

*Deb Sweet*

IEHA State Membership  
Focus Committee Chair

## *Gala Banquet*



The Gala Banquet committee would like you invite you to our celebration of Home and Families. We have a fun evening planned for you as we honor our IEHA President, Stephanie Jerabek, and welcome our new President, Cindy Saferight.

We invite you to bring a photo of your family to share, new or old. We look forward to seeing you there!

*Barb Meyer*

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*The Gala Committee*

## *Marketing & Logo*



First of all, a quick shout out to our Marketing & Logo Committee. We covered a lot of ground in our two meetings, thanks Ladies for making this a productive time. Your commitment to IEHA comes through loud and clear.

Our team came up with many new and creative ideas for LOGO, the hardest part was to pare it down to five or six items and keep with the budget! So, we have for your perusal, our choices for the Logo items ...

For those of you who would prefer not to place your purses on public floors, we have what you need! A heart shaped purse hanger with a dangle. And to add to your purse we are offering a house shaped boxed key chain, suitable for gift giving, along with a fantastic last forever glass nail file and it has its own hard carrying case. And, if you need that extra touch for your purse, we will offer a Leather hang tag. Or if you prefer, you can repurpose it as a Christmas Ornament for your tree. AND back by popular demand we have restocked our supply of Neck Wallets.

For your cooking pleasure, we have available a beautiful royal blue, silicone backed pot holder sporting our Logo in bright yellow. And if you are a snack totin', lunch packin' insulated type... okay this has gone on long enough.... We offer you a chance to purchase our Therm-O-Snack- Insulated Lunch tote.

We are looking forward to seeing many of you at the 2018 Home & Family Conference. Stop in for a visit and, while you're there, look around at our vast array of Logo items. If you're not busy and would like to help, your time spent helping would be greatly appreciative. If you don't make it to conference, your DR may have some of the new items available at your Fall District Meetings.

Logo times are as follows:

Monday	Set Up	12:00 p.m. — 4:00 p.m.
Tuesday	Sales	11:30 a.m. — 5:00 p.m.
Wednesday	Sales	11:00 a.m. — 3:00 p.m.

*Patty Coonrod*, Marketing /Logo Chair

*Bev Waltz*, Marketing/Logo Inventory Chair

Save the Date  
**Save the Date**

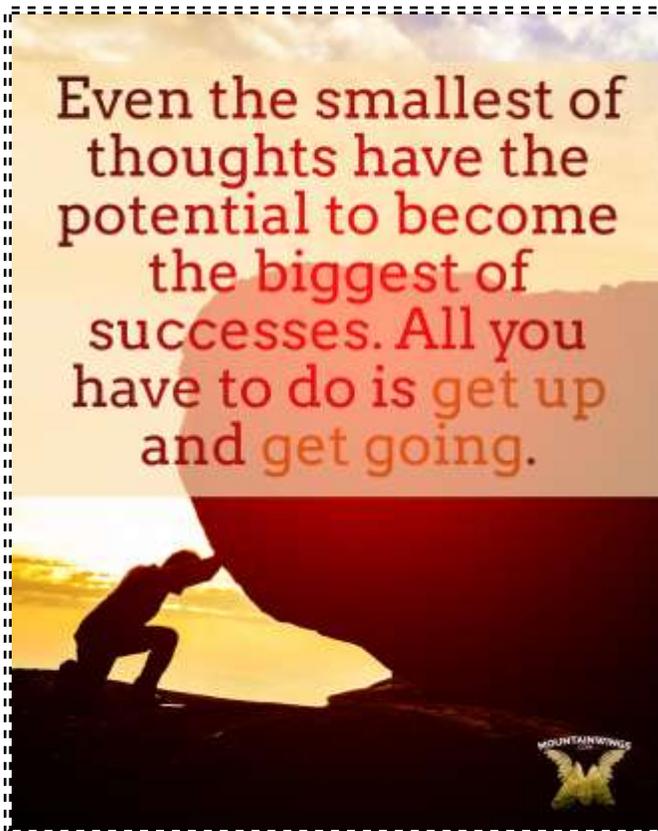
**2018 Home and Family Conference**

**June 4-6, 2018**

# QUILT OF WISDOM

We have a duty to encourage one another. Many a time a word of praise or thanks or Appreciation or cheer has kept a man on his feet. Blessed is the man who speaks such a word -William Barclay-

*If every person walked the talk, can you imagine how it would be?  
A world filled with good intentions that all became reality.*



*We are not here to merely make a living. We are here to enrich the world, and we impoverish ourselves if we forget this errand. ~ Woodrow Wilson*



Volunteers do not necessarily have the time; they just have the heart  
~ Elizabeth Andrew ~



Teachers [*people*] who inspire realize there will always be rocks in the road ahead of us. They will be stumbling blocks or stepping stones; it all depends on how we use them.  
Author Unknown

*I am only one,  
But still I am one.  
I cannot do everything,  
But still I can do something;  
And because I cannot do everything  
I will not refuse to do the something that  
I can do.  
~Edward Everett*