



## EDUCATION FOCUS GROUP

### PLAN OF ACTION 2017-2018

#### Objective:

Encourage counties to promote the following Education Focus Programs:

1. "EveryBODY Needs to Move", with emphasis on staying active to stay healthy, offering a variety of ways to keep moving. Available on website.
2. "How to Stay Safe in Today's World," with emphasis on internet terminology, internet safety, identity theft, and remote control security. Available on website.
3. "Every Day Gardening for Everyone" with emphasis on creative adaptations for gardening especially for those with limitations due to physical, age and other challenges to help anyone reap the rewards and satisfactions of growing a garden. Available on website.
4. "Life Skills 101," with emphasis on offering some basic life skills on shopping, finances and saving for emergencies. Available on website.

#### Future Lesson Plans:

Each year ten (10) new educational lessons-each 15-30 minutes in length, written from **researched materials** will be developed by HHS educators for use on the IEHA Extension Homemakers Website ([www.ieha-families.org](http://www.ieha-families.org))

1. Lessons can be easily obtained from the website, Cooperative Extension Office, or local library, then reviewed and presented by individual homemakers.
2. Homemakers can use these lessons for club meetings or with other groups and organizations to which they belong.
3. All educators will have access to the lessons so they can recommend or discuss topics within the lessons with their homemakers.
4. Lessons with all handouts and activities will be placed on the IEHA website for access by every homemaker and educator across the state. These lessons would not require any county to change the way they produce and present lessons at the present time.

At least four years of lessons would be kept available on the website. The oldest programs would be replaced by the newest programs when four years of lessons have been accumulated.

#### The advantages of this Plan of Action are to:

- Make more lessons and larger variety of topics readily accessible to everyone.
- Increase knowledge and use of the IEHA website by homemakers and those interested in the topics offered.