



100 Ways to Celebrate IEHA's 100th Anniversary

Indiana Extension Homemakers Association is approaching a milestone in 2013 – 100 years as an organization! The following list of ideas is intended to provide all of our members and clubs a way to become involved in our celebration. The ideas for celebrating are limitless, so make some plans for your county or club.

1. Collect 100 cans of food and donate to local soup kitchen.
2. Invite new members to join IEHA
3. Make 100 cards and send them to our troops.
4. Create a new Extension Homemakers club in your county and designate it the "Centennial Club".
5. Challenge club members to walk collectively 100 miles in INShape Indiana.
6. Plan a special 100th Anniversary Celebration in your club.
7. Collect \$100 for a community charity.
8. Encourage 100% attendance at Spring District Meeting.
9. Grow membership by 100 new members.
10. Learn about the history of IEHA.
11. Make 100 tote bags for First Books for Kids program.
12. Perform 100 hours of community service.
13. Have a booth or activity for IEHA at a community fair or festival.
14. Write an article or commission advertising in your community highlighting what Extension Homemakers have accomplished locally and state with in the past Century and why we are a vital part of the community today.
15. Collect 100 new books for children.
16. Create a series of vintage craft/skill classes in conjunction with a historical museum, historical site or library.
17. Make 100 puppy pillows for Riley.
18. Collect 100 pounds of pop tabs.
19. Increase awareness of IEHA's value to your community
20. Hold a food drive to donate to the Back Pack program.
21. Sponsor a hands-on canning workshop in your community.
22. Bring 100 quilt squares from your District to the 2012 Home & Family Conference.
23. Read to 100 children.
24. Donate used eye glasses to an organization.
25. Collect items for local Women's shelter.
26. Make a Quilt of Valor for a returning soldier.
27. Collect 100 box tops for educational points.
28. Use the IEHA website for educational programs.
29. Read monthly at a local nursing home.
30. Collect 100 coats for the "Coats for Tots" program.
31. Help sort food at Food Finders.

32. Donate 100 items to a local school.
33. Donate 100 pounds of food to the food pantry.
34. Make a donation to Ronald McDonald House.
35. Collect soup UPC labels for Riley Cheer Guild.
36. Hold a vintage luncheon and style show featuring circa 1912.
37. Learn about and donate special needs clothing to our wounded military personnel.
38. Enroll 100 new members in the Riley Cheer Guild.
39. Create a community event to raise monies for the IEHA Cancer Endowment Fund.
40. Make 100 baby caps for preemies.
41. Make single layer fleece blankets for the Riley Cheer Guild.
42. Chare memories of IEHA on the IEHA website, ieha-families.org
43. Get involved with local Buddy Bag program.
44. Donate 100 tote bags to Riley.
45. Create and IEHA display for use in different venues featuring Extension Homemakers projects throughout the century. i.e., in a local shop window, library or historical society.
46. Take a historical tour of your community. Find all the things that are 100 years old.
47. Make 100 pinafores for Riley.
48. Use the Education Program link on the IEHA website.
49. Coordinate with county officials in your county to acknowledge Extension Homemakers' 100th Anniversary.
50. Attend a county educational workshop.
51. Hold a penny harvest and donate pennies to Coins for Friendship.
52. Donate socks to local youth shelter.
53. Create a giant birthday cake featuring our logo and invite members of the community to participate in the "cake cutting".
54. Collect story books for the Cheer Guild.
55. Donate baby quilts to local neo-natal units.
56. Collect 100 old photos of your club/county activities. Share them with local newspapers or libraries.
57. Honor the club/county's oldest member.
58. Share IEHA experiences with a non-member friend.
59. Reach out to the community and organize an event with another group, such as, Boys & Girls Club, hospital, schools.
60. Distribute books at laundromats or other places for children to read.
61. Adopt a needy family for the holidays.
62. Donate 100 items to your local "Baby Stores".
63. Donate to the IEHA International Project.
64. Speak to another women's club, civic or other organizations about what Extension Homemakers are doing in the community. Perhaps work on a joint community project.
65. Provide 100 hours of volunteer service at a hospital, senior citizen or veteran's facility.

66. Encourage a member of your club to apply for the Home & Family Conference First Timer's award.
67. Hold a centennial progressive dinner, where the dinner changes locations and features highlights of Extension Homemakers history at each location.
68. Support a 4-H activity. An example: Hold sewing help classes for beginners.
69. Collect 100 items for Operation: Military Kids.
70. Create or join a "Let's Get Physical" exercise program.
71. Conduct a workshop or seminar focused on volunteerism. Invite representatives from other groups and make them aware of the resources available through Extension Homemakers. Create a networking system within your community.
72. Donate 100 items to your local mental health program.
73. Donate 100 Thumbody pillows for the school mental health program.
74. Plant a plot using heritage seeds and plants.
75. Share a homemaker skill with a young mother.
76. Adopt a nursing home for any holiday and share the day with them.
77. Have a member apply for the 100th Anniversary i-LEaD class.
78. Hold a community pancake breakfast to celebrate the 100th Anniversary.
79. Volunteer at the Cheer Guild.
80. Donate to the IEHA Cancer Research Endowment Fund.
81. Give service to a community organization such as a food bank or feeding station.
82. Collect 100 items for a local clothing bank.
83. Donate 100 hats to a local children's home.
84. Bring a friend to Home and Family Conference 2013.
85. Participate in a "sing-a-long" at a local nursing home.
86. Volunteer to be a reader in the schools.
87. Host another club/county to celebrate our 100 years.
88. Collect 100 pieces of different items (shoes, gloves, etc.) and distribute to those in need.
89. Plant a tree in honor of IEHA's 100 years.
90. Establish a new educational scholarship.
91. Donate reading material to the Veteran's Home.
92. Organize an activity for IHEA Week – invite the community.
93. Visit with past/older IEHA members who are no longer able to attend meetings.
94. Invite your county HHS Educator to present an educational program.
95. Create a list of things that did not exist 100 years ago.
96. Compile your club/county's 100 best recipes to share with others.
97. Sponsor an Extension Homemakers Centennial Dessert Competition with bakeries, restaurants or members in your community.
98. Help organize and teach a heritage skill to members in your community.
99. Create a time capsule for your club/county for the next 100 years.
- 100. Attend the Home and Family Conference in June 2013 to celebrate our 100th Anniversary.**